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|  | **Gaelscoil Aodha Rua – Biachlár / Menu – November/ December 2023**  **Monday** | **Tuesday** | **Wednesday** | **Thursday** | Version 1 colour for printing (1)  **Friday** |
| **WEEK 2**  **20th**  **November** | Chicken Nuggets **OR**  Homemade Lasagne  Steam Broccoli & Garden Peas  Chipped Potato, Pasta  Ice Cream, Chocolate Sauce & Sliced Pears | Spaghetti Bolognaise **OR**  BBQ Chicken Pizza  Sweetcorn & Baked Beans  Diced Potatoes, Mashed Potatoes, Salad  Fruit & Rice Pudding | Lunch Bunch Chicken Curry & Naan Bread **OR**  Golden Crumbed Fish Fingers  Garden Peas  Rice, Salad, Mashed Potato  Rice Krispie Square & Fruit | Roast Turkey, Stuffing &  Rich Gravy **OR**  Salmon Fishcake  Cauliflower & Baton Carrots  Mashed Potatoes  Fruit Muffin | Steak Burger & Tomato Ketchup **OR**  Chicken Crumble  Sweetcorn & Salad  Chipped Potato, Pasta  Flakemeal Biscuit & Fruit |
| **WEEK 3**  **27th**  **November** | Golden Crumbed Fish Fingers  **OR**  Mighty Mac ’n’ Cheese  Garlic Bread Slice  Baked Beans  Broccoli & Coleslaw  Mashed Potatoes  Artic Roll with Peaches | Beef Meatballs with Italian Tomato & Basil Sauce **OR**  Margherita Pizza  Garden Peas & Salad  Oven Baked Potato Wedges,  Pasta  Shortbread, Custard & Fruit | Lunch Bunch Chicken Curry & Naan Bread **OR**  Bacon Slice  Mini Corn on the Cob  Steamed Rice, Chipped Potatoes  Strawberry Jelly & Fruit | Roast Chicken, Stuffing  & Rich Gravy **OR**  Mexican Chilli with Nachos  Baton Carrots & Tossed Salad  Mashed Potato  Jam & Coconut Sponge & Custard | Tasty Pork Sausages with Tomato Ketchup or Gravy **OR**  Chicken Panini & Coleslaw  Sweetcorn & Spaghetti Hoops  Chipped/Mashed Potatoes  Salad  Melon Wedge |
| **WEEK 4**  **4th**  **December** | Beef Bolognaise with  Garlic Bread **OR**  Stuffed Bacon Roll/Bacon Slice  Garden Peas & Savoy Cabbage  Oven Baked Potato Wedges, Spaghetti  Chocolate Cake & Custard | Golden Crumbled Fish Fingers **OR**  Tex-Mex Enchilada  Mini Corn on the Cob  Spaghetti Hoops & Coleslaw  Chipped Potatoes, Pasta  Jelly & Mandarin Oranges | Lunch Bunch Chicken Curry & Naan Bread **OR**  Steak Burger & Gravy  Green Beans & Sweetcorn  Mashed Potato, Rice  Cornflake Biscuit & Custard | Roast of the Day, Stuffing & Rich Gravy **OR**  Stuffed Chicken  Cauliflower Cheese & Baton Carrots  Mashed Potato  Ice Cream Slider & Fruit | Oven Baked Chicken Nuggets **OR**  Admiral’s Ocean Pie  Garden Peas & Baked Beans  Chipped Potatoes, Jacket Potato, Salad  Homemade Ginger Biscuit & Fruit |
| **WEEK1**  **11th**  **December** | Spaghetti Bolognaise **OR**  Crispy Cod Fishcake with Tomato Ketchup  Baton Carrots & Baked Beans  Mashed Potato, Salad  Homemade Ginger Biscuit & Custard | Classic Margherita Pizza **OR**  Italian Chicken & Tomato Pasta Bake & Garlic Bread  Garden Peas, Coleslaw,  ChippedPotato/Mashed Potato  Strawberry Jelly, Ice Cream & Fruit | Lunch Bunch Chicken Curry & Naan Bread **OR**  Chicken Panini & Coleslaw  Steam Broccoli & Sweetcorn  Oven Roasted Potato Wedges, Rice  Banana Yoghurt Pot | **CHRISTMAS DINNER** | Hot Dog **OR**  Chicken Wrap & Sweet Chilli Salsa  Garden Peas & Spaghetti Hoops  Chipped Potato, Mashed Potato  Fresh Fruit & Yoghurt |

***THE LUNCH BUNCH***

***If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form***

***Salad Selection***

***Rice Salad, Coleslaw***

***Sweet Chilli Pasta***

***Tossed Salad***

***Lettuce, Cherry Tomato***

***Grated Carrots***

***Cucumber***

***Diced Red Peppers***

***Red Onion***

***Radish***

***Beetroot***

***Breads***

***Milk, Water***

***Fresh Fruit, Yoghurt***

***Available Daily***

**MENUS MAY CHANGE**

**EAT SMART WITH**

**DUE TO DELIVERY CHANGES**